

## How to Help the Homeless

*Everyone can do something to help the homeless*

### **Shelter:**

Help provide essential services for the homeless by donating to organizations who specialize in this, such as Salvation Army or Victor Valley Rescue Mission. Many churches in the High Desert provide homeless services as well.

### **Food:**

Make goodie bags of snacks and hand them out. (Handing out cash is not recommended.) Carry bottles of water to hand out. Donate to a local food pantry or community soup kitchen. Following are some organizations to consider: Helendale Community Church; Barstow at St. Joseph's; Desert Manna; Desert Sanctuary; in Victorville at the Gate Church, Rescue Mission or Salvation Army; in Apple Valley at Church of the Valley.

### **Warmth:**

Take those old sleeping bags you have not used and donate to a local shelter or church that serves the homeless. Place them on a park bench where you have seen the homeless. Add a jacket, sweat pants or gloves to the bundle. Socks are always needed!



## HOW IS SAN BERNARDINO COUNTY DOING?

There were 4,195 adults and children who were counted as homeless during the January 2023 Point-in Time Count and Survey. The previous point-in-time homeless count and survey was completed in 2022 during which 3,333 persons were counted. A comparison of last two counts reveals that:

- 862 more persons were counted in 2023, which represents an increase of 25.9%
- 587 more persons were counted as unsheltered in 2023 when compared to the unsheltered count in 2022, which represents an increase of 24.6%
- 275 more persons were counted as sheltered in 2023 when compared to the sheltered count in 2022, which represents an increase of 29.1%.

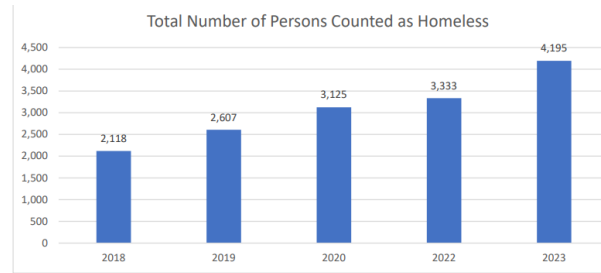


Table 8. Breakdown by Age for Adults

Adults	#	%
Age 18 – 24	150	5.1
Age 25 – 34	649	22.0
Age 35 – 44	773	26.2
Age 45 – 54	663	22.5
Age 55 – 64	554	18.8
Age 65+	159	5.4
<b>Total:</b>	<b>2,948</b>	<b>100</b>

Source: San Bernardino County 2023 Continuum of Care Homeless Count and Survey Final Report located at <https://www.sbcounty.gov/uploads/sbchp/content/SBC-2023-Homeless-Count-Report.pdf>



### **Silver Award Project**

*Samantha & Abigail Troop 710 (2023)*

It is our hope that this project will help someone find warmth, food and safety. Everyone can play a part in helping the homeless. In addition to developing this resource we assembled and distributed bags to the homeless.

# Resource Guide for High Desert Homeless



## Food Resources

### Victorville

Salvation Army 14585 LaPaz Drive  
760-245-2548

The Gate Church 11783 Amethyst Rd  
760-949-8282

Victor Valley Rescue Mission 15572 7th St  
760-955-5958

Burning Bush Church 14849 7th St.  
760-241-6221

### Helendale

Helendale Community Church 5488 Riverview  
Rd 760-951-0213 USDA Food give-away  
typically the away 4th Friday of each month.  
Lunch served Tuesday & Thursday at noon

### Barstow

Barstow Church of God  
1375 Bishop Nathaniel Jr Way 760-979-2058  
2nd Saturday of Month

Desert Manna Ministries 760-256-7797  
2410 Armory Rd Saturday 9-12:30 201 N.  
First Ave M-F 9-11

H.E.L.P. Outreach—Delivers meals to homeless  
442-235-0588

St. Joseph's Catholic Church  
760-256-6818 505 E. Mountain view Sack  
Lunch M-F 10-12

EnRiched Food Pantry  
800 Yucca Ave Barstow Ca, 92311  
Thursdays 10am-12pm Entrance gate is on  
Kelly St.

### Hesperia

Hesperia Feed My Sheep of the High Desert  
11616 Hesperia Road Hesperia, CA 92345  
760-243-4343 Open Wednesday from 10—1pm



## Mental Health

Nami Teen and Young Adult Help Line  
800-950-6264 M-F 8am-8pm  
*(National Hotline for Mental health family  
support services)*

San Bernardino County Community  
Crisis Response Team 760-956-2345  
*(Provides 24-hour crisis intervention)*

San Bernardino County Mental Health  
Helpline 888-743-1478  
*(24-hour help line for children or adults  
experiencing a mental health crisis)*

Valley Star Crisis Walk-In Center  
122240 Hesperia Road, Ste A  
Victorville, CA 760-615-0697

Veterans Crisis Line 760-951-2599  
14598 7th St, Ste B, Victorville, CA

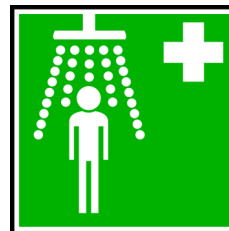
Victor Valley Behavioral Health  
12695 Hesperia Rd, Victorville  
760-995-8300

## Showers

Church of the Valley 760-247-6494  
20700 Standing Rock Ave. Apple Valley

Rescue Mission Alliance - Victor Valley  
15572 7th Street 760 -955-5958  
Wednesday 10am-2pm  
(In the rear parking lot)

Jubilee Church 9608 I  
Ave, Ste G & H,  
Hesperia  
760-981-4439



## Shelters / Housing

### Barstow

New Hope Village 760-256-1900 or 760-  
957-7347 100 W. Fredricks St.

Desert Manna 760-255-9025  
209 N. First Ave

Desert Sanctuary 760-256-3441  
109 N. 7th Ave

### Victorville

HOPE House 760-949-4357 by Family As-  
sistance Program 15075 7th St

My Place Youth Shelter 760-482-1731 by  
Family Assistance Program 15618 Choctaw

A Better Way Domestic Violence Services  
and transitional housing 760-955-8723  
14114 Hesperia Rd

High Desert Homeless Services Emergency  
Shelter 760-245-5991 14049 Amargosa Rd

Victor Valley Rescue Mission 760-955-5958  
15572 7th Street

## Clothing

Super Thrift Store  
760-947-1747  
17376 Main Street Hesperia,  
CA 82345 Monday  
- Friday 9 am-7 pm  
Saturday 9 am-6 pm

High Desert Homeless  
Services Emergency  
Shelter 760-245-5991 14049 Amargosa  
Rd, Victorville

Other options: Many churches also have a  
clothes closet. Please check with a church  
near you.

