



December 2021 Newsletter

Phone
760-951-0006

Address
26540 Vista Rd. Helendale

Our Lobby is Open
Monday – Friday 8 am – 5:30 pm

YOUTH BASKETBALL

WHEN: Saturday's January 15th through March 5th.

WHERE: ACE High School Gymnasium.

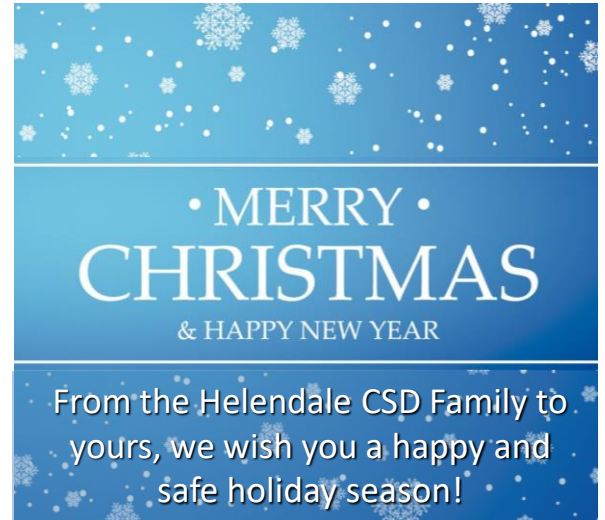
FEE: \$60 per player. Registration fee includes Uniform, pictures, and award at the end of the season.

REGISTER ONLINE AT: www.helendalecsd.org under the Park and Recreation button.

VOLUNTEER COACHES NEEDED

To volunteer or if you have questions regarding the program call 760-951-0006 ext. 230 for questions.

Current COVID guidelines will apply.



From the Helendale CSD Family to yours, we wish you a happy and safe holiday season!

Our offices will be closed on the following days: December 23, 24 & 31 and January 3rd. Please note if there is a water or sewer emergency, you can call our after-hours service at 760-951-0006.

Christmas Tree Pick Ups

Burrtec will collect and recycle Christmas trees from single-family residences beginning on December 27th through January 4th on your regularly scheduled trash day. Please place your tree at curbside on your collection day. Trees 6' and over need to be cut in half. Please take all ornaments, lights, and metal stands off the tree. Flocked trees will not be recycled, they will be collected as trash. Flocked trees 6' and over need to be cut in half.



Farmers Market Winter Hours Every Wednesday 2:00 - 6:00 PM

The market will be open December 1st, 8th and 15th. Shop for unique handcrafted Christmas items. On Wednesday, December 15th we will have Christmas Carolers!

Drop off a toy for a child in need. We will have a donation box at the market every Wednesday. These toys will be distributed to kids in the community!

Santa will be stopping by the market on December 8th and 15th! Bring the kids to meet Santa!

Thank You Coaches!

We had a great soccer season this year! Thank you to all of our 2021 youth soccer coaches: Heather, Melinda, Jill, Richard, Michael, Lindsey, Machauna, Alberto, Austin, Mandy, Kayla, David, and Adam! The time, effort and dedication you put in to coach this year is truly appreciated. Without volunteer coaches, we would not be able to have our youth sports programs. Thank you for the difference you are making in our community!

Holiday Recycling

Approximately 80% of holiday packaging is recyclable. All gift boxes, non-coated wrapping paper, greeting cards, and cardboard packaging are items that may be placed in the recycling barrel. Consider reusing items like gift boxes, gift bags, ribbons, bows, and decorations. You can request a second blue recycling barrel **at no cost** by calling the office at 760-951-0006.

We accept EBT / Pandemic-EBT. We also offer Market Match! Get up to \$15.00 in FREE fruits and vegetables when you use your CalFresh/ EBT benefits.

If you would like to be a vendor at the market, please contact us at 760-951-0006 ext. 230.

Winterizing Your Pipes— Avoid a Leak and Save Water this Winter



Before Cold Weather Sets in:

- Make sure you've turned off your irrigation or are watering during the day.
- Know how to shut off your water—Locate your courtesy shut off valve in your meter box and know how to turn it off. Replace if necessary.
- Protect your pipes—Wrap pipes that are exposed to cold with insulation.
- If pipes run through cabinets or vanities, open the doors to let warmer room temperatures in.

If your pipes do freeze...

- Shut off the water immediately. Don't try to thaw pipes before turning the water off.
- As outside temperatures rise your pipes will begin to thaw and your water should be restored.
- Be careful when turning water back on—Once pipes are thawed, slowly turn the water back on and check exposed pipes for cracks or leaks. If there are any leaks turn your water off and make the necessary repairs.

A little preparation could save hundreds of gallons of water! Be sure to prepare for the cold weather this winter by following these easy steps.

If you need assistance contact the Helendale CSD at 760-951-0006.

Paint Party

Join us for our upcoming Paint Party on December 3rd at 6:30 pm!

The cost is \$25 per person per class and all art supplies are provided.

Location: 26540 Vista Rd. Suite D. Register at www.helendalecsd.org



Adult Co-Ed Softball

We are now taking sign ups for Adult Softball! The league will be co-ed and open to all players 16 and older. Minors must have a parent or guardian on their team. The season will begin the week of April 4th. Teams will play one game per week. The season is 8 weeks and games will be played weekday evenings with occasional weekend morning games as needed.



Fee: \$35 per player (umpire fees included). You may join as an individual or a team. Individual players will be added to a team.

Equipment: Bats, personal protective equipment and uniforms to be provided by players.

Umpires: If you would like to be an umpire call 760-951-0006 ext. 230.

Registration: Go to www.helendalecsd.org and click on the Parks and Recreation button.

Winter Watering

December - Winter begins and plant growth is on hold until February. Plants need very little water during this time of year, so you can significantly reduce the amount of water you apply to your lawn and shrubs. Now is also good time to prune back trees and shrubs.

Watering Schedule: Between 9:00 am and 6:00 pm. Consider setting irrigation timers to "off", and manually water when your plants and lawns need it. Using the manual mode on your controller in winter can save water.

New Years

Resolutions: Fitness

Group Fitness Classes at the CSD:

Boot Camp: Combines strength and cardio exercises for a full-body workout. We use a combo of circuit training and interval training. We focus on functional movements that use your body weight, bands, balls, ropes, weights, TRX, and more. **Monday's at 6:05 pm.**

Cardio and Core: We use an aerobic step for cardio combined with resistance training. We use weights, bands, balls and your own body weight for a full body resistance workout. **Wednesday's at 6:05 pm.**



Price: 4 Classes \$20.

To Register: Call Patty at (714) 337-5590.