



February 2022 Newsletter

Phone
760-951-0006

Address
26540 Vista Rd. Helendale

Our Lobby is Open
Monday – Friday 8 am – 5:30 pm



Join our new cornhole league at the Helendale CSD!

Open to players 18 and older or 16 and up with a parent/guardian.

The season will begin on March 4th, games will be played at the Community Center on Friday's at 6 pm.

Cost - \$30 per team. All equipment will be provided; however, teams can bring their own bags if preferred. We will use ACL rules. Register at www.helendalecsd.org

COVID VACCINATIONS & TESTING

COVID Vaccinations will be available on Wednesday, February 9th from 11 AM to 3 PM at the Community Center. Pfizer and Johnson and Johnson will be administered. Booster shots will also be available. To register go to www.myturn.ca.gov

COVID Testing will be held on February 15th and 28th from 10 AM to 3 PM at the Community Center. Appointments are strongly encouraged; walk-ins will be accepted until 1 hour before closing. Visit www.sbcovid19.com or call 909-387-3911 to make an appointment.

Face coverings required for vaccinations and testing events.

New Years Resolutions: Fitness



Group Fitness Classes at the CSD:

Boot Camp: Combines strength and cardio exercises for a full-body workout. We use a combo of circuit training and interval training. We focus on functional movements that use your body weight, bands, balls, ropes, weights, TRX, and more. **Monday's at 6:05 pm.**

Cardio and Core: We use an aerobic step for cardio combined with resistance training. We use weights, bands, balls and your own body weight for a full body resistance workout. **Wednesday's at 6:05 pm.**

Price: 4 Classes \$20. **To Register:** Call Patty at (714) 337-5590.

NEW DANCE CLASSES

LA F.A.M.E Dance Studio is offering dance classes at the Community Center:

Tuesdays / Thursdays

3:00 – 4:00 Mommy & Me

4:00 – 4:30 Ballet I

4:30 – 5:15 Ballet II

5:15 – 5:45 Tippy Toe

5:45 – 6:30 Hip Hop Aerobics (Tues adults / Thurs Kids)

Tuesday Only:

2:30 – 3:30 Line Dancing

6:30 – 7:30 Yoga/Pilates

Thursday Only

2:30 – 3:30 Yoga/Pilates

Friday Only

3:00 – 4:00 pm Fashion For Kids

4:00 – 5:00 Tik Tok Teens

Pricing:

One class per week is \$48 for 4 weeks (must sign up for 3 months of classes in advance). Classes are taught by LA F.A.M.E Studio's Sheba Short. For more information contact Sheba at 626-616-7432.

Register at www.helendalecsd.org.



Helendale CSD Board & Committee Meetings



Our Regular Board Meetings are held on the 1st and 3rd Thursday of every month at 6:30 pm.

Our Park and Recreation Committee meets on the second Tuesday of every month at 3:00 pm.

The public may attend in person or virtually. Virtual meetings are held via Zoom. For all meetings, the access code is 463 173 8547 and the passcode is HCSD.

Full agenda packets and links to our meetings can be found under the agenda tab on our website www.helendalecsd.org.

Adult Co-Ed Softball



We are now taking sign ups for Adult Softball! The league will be co-ed and open to all players 16 and older.

Minors must have a parent or guardian on their team. The season will begin the week of April 4th. Teams will play one game per week. The season is 8 weeks and games will be played weekday evenings with occasional weekend morning games as needed.

Fee: \$35 per player (umpire fees included). You may join as an individual or a team. Individual players will be added to a team.

Equipment: Bats, personal protective equipment and uniforms to be provided by players.

Umpires: If you would like to be an umpire call 760-951-0006 ext. 230.

Registration: Go to www.helendalecsd.org and click on the Parks and Recreation button.

Meet the New San Bernardino County Sheriff

Shannon D. Dicus was appointed as the 36th Sheriff-Coroner for San Bernardino County on July 14, 2021. He will be in Helendale at the Helendale CSD Regular



Board Meeting on February 17th at 6:30 pm. Residents are encouraged to attend and meet San Bernardino County's new Sheriff.

Date: February 17, 2022, at 6:30 pm

Location: 26540 Vista Rd. Suite C.

Paint Parties at the CSD

Get ready for a fun night of painting!

Fee:

\$25 per person per class and all art supplies are provided.

Location:

26540 Vista Rd.



Feb 11th at 6:00 PM



Mar 4th at 6:00 PM

Register at www.helendalecsd.org

HELENDALE FARMERS MARKET

The market is open every Wednesday from 2 pm to 6 pm rain or shine. We have a great variety of vendors with everything from fresh fruits and vegetables to bread, honey, salsa, baked goods, and so much more. Every week we have artisan crafts, delicious homemade food and several food trucks to choose from! We accept EBT and P-EBT.



Double your food dollars

**GET MORE
FRUITS & VEGETABLES**

The District received an increase to our Market Match grant and is now able to offer customers using EBT up to \$15 in FREE Fruits and Vegetables. Please see the Market Match booth inside Suite D. for more information.

Winter Watering

Avoid running sprinklers on windy days. You may think your plants have received water, but most of the moisture may have gone into the air.

Watering Schedule: Between 9:00 am and 3:00 pm. Consider setting irrigation timers to "off" and manually water when your plants and lawns need it. Using the manual mode on your controller in winter can save water.

Conservation Tip: Regulations adopted by the State Water Resource Control Board prohibit overwatering yards, washing cars without a shutoff nozzle, hosing down sidewalks or watering grass within 48 hours after rainfall.

Important Billing Information

Your January bill will reflect a \$5 increase in the sewer charge. This increase was approved by the Board in December 2021. Rapidly escalating costs of operating the sewer plant, collection system and completing capital projects have surpassed annual revenues. The rate increase is designed to collect sufficient revenues required to fund critical capital improvement projects, cover debt service obligations and meet increased operating expenses.

SENIOR INFORMATION San Bernardino County Department of Aging and Adult Services will be at the Senior Center on the third Tuesday of every month with bus passes, information on the **Home Energy Assistance Program (HEAP)**, and more. They will also deliver food boxes to those who qualify. For food boxes you must call 760-552-6013.