



June 2023 Newsletter

Phone
760-951-0006

Address
26540 Vista Rd. Helendale

Our Lobby is Open
Monday – Friday 8 am – 5:30 pm

Daily Lunch at the Community Center

Monday through Friday from 11:30 – 12:30. ALL ARE WELCOME

A voluntary \$4 donation is suggested for anyone over 60, for people under 60 lunch is \$7.50.

Menus available at www.helendalecsd.org



CONCERTS *in the Park*

June 10

Aces & Eights
Classic Southern Rock

July 8

IZ BE Band
(R&B)

August 12

Keepin' the Summer Alive
Beach Boys, The Eagles & Jimmy Buffet

September 9

OC3 (Country)
9/11 Tribute & Firework Show



Please note we will have lawn seating at the concerts, please bring blankets and chairs!

**Beer Garden
Food Trucks
Car Show**



15425 Wild Rd. Helendale 6—9 pm



May Watering Times: Before 9:00 am and after 6:00 pm. Due to warmer weather, it is best to water during the early morning and late evening hours to reduce evaporation. **May is Water Awareness Month!** Water awareness month highlights the importance of California's water resources to the human health, economic vitality and environmental quality of our state. What will you do to celebrate?

Summer Volleyball

Helendale CSD Park and Recreation will be offering a summer volleyball league for both youth and adults! The season will begin July 8th.

Games will be held at Grace Bible Church on Saturdays. Practices will be held on weekday evenings.

A mandatory assessment will be held on June 10th at 10 am and a makeup assessment will be held on June 13 at 10 am.

The Youth league is open to players 13 – 17 years. The Adult league is open to anyone 18 and over. If you would like to coach, contact Kimmy Sinclair at 760-906-4473 or bizemomma17@gmail.com

Register online at: www.helendalecsd.org

See website for registration fees.

Helendale CSD Board & Committee Meetings

Regular Board Meetings

Board meetings are held on the 1st and 3rd Thursday of every month at 6:00 pm.

Park and Rec Committee Meetings

Our meeting will be held at 3:00 pm on Tuesday, July 18th. The public may attend in person or virtually. Virtual meetings are held via Zoom. For all meetings, the access code is 463 173 8547 and the passcode is HCSD.

Full agenda packets and links to our meetings can be found under the agenda tab at www.helendalecsd.org.

FARMERS MARKET

The market is open every Wednesday from 3 pm to 7 pm rain or shine. We have a great variety of vendors with everything from fresh fruits and vegetables to bread, honey, pickles, baked goods, and more. Every week we have crafts, delicious food and several food trucks to choose from!

EVENTS IN JUNE:

Every Wednesday – Bring your kitchen knives to be sharpened by Ed at the Simply Marvelous booth

June 7 & 14 - enter to win a Father's Day Gift Basket. Drawing will be held on June 14th

June 7th – Make your own Bracelet or anklet at the Itz a Blang Thang booth - **\$5 FEE**

June 21st – Paint your own ceramic art at Charlie Bear & Company - **FREE**



Double your food dollars
**GET MORE
FRUITS & VEGETABLES**

Thanks to a Market Match grant, we are able to offer customers using EBT up to \$15 in FREE Fruits and Vegetables. See the Market Match booth inside Suite D. for more information.

Meals on Wheels

Want help with cooking? The Senior Nutrition program or MEALS ON WHEELS (MOW) is a nutritional program designed for seniors over 60. No health or income requirement to participate. Our program in Silver Lakes delivers 5 frozen entrees, fruit, milk and a sweet treat every Monday morning.

If you would like to receive meals, please contact Nyla Kolterman, 951-314-7235.

If you would like to volunteer to deliver meals, contact Marlene Valle, 760-217-6987.



Community Food Waste Drop Off

We are now all required to handle food waste differently. California Senate Bill 1383 mandates that we decrease the amount of food waste that goes to the landfill.

Do I need a bag? Yes, the food must be in a bag before you drop it in the bin. Please do not throw unbagged food in the bin.

What are the hours? For the convenience of our residents, food waste drop off will be available 7 days a week, 24 hours a day.

Where do I bring my food waste? A food waste bin is located at the north end of the parking lot at the Community Center - 26540 Vista Rd.

Your participation helps the District meet State-mandated diversion requirements without adding a costly third barrel to your service.

Since the program began the community has recycled over 27,000 pounds of food waste! Keep up the great work. **Thank you** for helping with this program. Please call 760-951-0006 x224 if you have any questions about the program. www.helendalecsd.org for more information.

NEW Activities at the Senior Center

The Helendale CSD and Helendale Senior Outreach are proud to partner with Providence St. Mary Medical Group to offer activities and workshops for Helendale residents!

On **June 30th** at 12:30 pm join us for a Dr. Talk and FREE blood pressure checks.

Starting **June 29th** we will have craft workshops every other week on Thursdays.

Starting **July 7th** we will offer Forever Fit exercise classes at 10:45 am.

On **July 28th** join us for a Medicare Basics workshop at 12:30 pm.

All activities and workshops will be held at the Community Center located at 26540 Vista Rd.



Be sure you are signed up on the Senior Center call list to get important reminders and information on classes and workshops. You can call and leave a message at (760) 780-1123.

Pounds of Food Waste

